



GOVERNMENT COLLEGE OF ARTS & SCIENCE, AURANGABAD.

DEPARTMENT OF PSYCHOLOGY,

REPORT

OF

THE WORKSHOP ON MENTAL STRESS AND COPING STRATEGY

It is giving immense pleasure to me to submit this report of the workshop organized by the department of psychology. As per the Principal's suggestions members of the department of psychology have decided to organize a workshop on stress management, it was thoroughly discussed and finally it was structure as "Mental stress and Coping Strategy". This workshop was organized without any financial assistance from the college or any other agency, and was fully self-funded. All the organizational requirements of the workshop including printing material, files, pens, snacks & tea etc to the participants were met from the registration fees. P.G. & Research students were selected as a target group of participants; registration fee was kept equal to minimum cost of material. Registration of the participation was first done through telephonic communication and finalized on the spot. Workshop has got huge response of the participants. The spot registration reached to ninety participants. Under graduate, post graduate & research students as well as research guides, teaching staff from various faculties coming from all districts of Maharashtra were included in the participants.

On the 12th of September 2017 workshop was inaugurated by Hon. Principal Madam Dr. Kumud Gore-Kherdekar. The workshop was conducted very impressively, effectively & successfully by Dr. Pushpa Bhagyawant-Utkar and two resource persons these are 1) Dr. Anagha Patil- Head, Department of Psychology, Vivekanand College, Aurangabad 2) Dr. Aparna Ashtaputre- Head, Department of Psychology, Dr. Babasaheb Ambedkar Marathwada University Aurangabad.



Dr. Pushpa Bhagyawant-Utkar, Smt. N. N. Lad, Miss. V. K. Shelke and Dr. R. S. Kale, Miss Soni Lokhande, and Mrs. Sita Gorade handled the responsibilities of registration and other aspects of workshop very systematically. Students of the department voluntarily shared different responsibilities to make it successful.

Analysis of Feedback:

In feedback form there are four categories of responses from participants these are poor, satisfactory, good, and excellent. Eighty six participants had given the feedback for workshop. Analysis of feedback forms shows the following results:

Response category	Poor	Satisfactory	Good	Excellent
No. of participants	00	01	33	52
Percentage (%)	00	1.16	38.37	60.46

Head, Department of Psychology,
Government College of Arts and Science
Aurangabad

HEAD
DEPT. OF PSYCHOLOGY
Govt. College of Arts and Science
Aurangabad (M.S.)



GOVERNMENT COLLEGE OF ARTS & SCIENCE, AURANGABAD.
DEPARTMENT OF PSYCHOLOGY,

REPORT
OF
PROGRAMME OF PSYCHOLOGICAL TESTING AND GUIDANCE CONDUCTED ON
21st DECEMBER 2017

It is giving immense pleasure to me to submit this report of the programme of "Psychological Testing and Guidance". As per the Principal's suggestions members of the department of psychology have decided to organize a programme for providing facility of psychological testing and guidance for citizens in Aurangabad city, nearby villagers and students also. The programme was conducted on 21st December 2017. This programme was organized without any financial assistance from the college or any other agency, and was fully self-funded. This programme was free for all participants. The Programme has got huge response of the participants. Junior college, under graduate, post graduate students and citizens were included in the participants.

On the 21st December 2017 the programme was inaugurated by Hon. Principal Madam Dr. Rohini Pandhare-Kulkarni. Assessment of participants was made according to their performance in the psychological tests such as Emotional Intelligence, Anxiety, Depression level etc. The programme was conducted by Smt. Neeta Lad, Asst. Prof, Smt. V. K. Shelke Asst. Prof. and Dr. R. S. Kale, Asst. Prof very impressively, effectively & successfully under the guidance of Dr. Pushpa Utkar, HoD. Shri Bhagwat Karadkar, Miss Soni Lokhande, and Mrs. Sita Gorade handled the responsibilities of various aspects of programme very systematically. Students of the department voluntarily shared different responsibilities to make it successful.

Head, Department of Psychology,
Government College of Arts and Science
Aurangabad

HEAD
DEPT. OF PSYCHOLOGY
Govt. College of Arts and Science
Aurangabad (M.S.)

(7)

शासकिय ज्ञान विज्ञान महाविद्यालय, औरंगाबाद
समाजशास्त्र विभाग

शैक्षणिक वर्ष २०२१-२२

मार्गदर्शनपर व्याख्यान

"Preperation -Project Writing"

(दि.१७ डिसेंबर, २०२१)

कार्यक्रमाचे अध्यक्ष: मा. प्राचार्य श्री. डॉ. आर. एच. सातपुते
(शासकिय ज्ञान विज्ञान महाविद्यालय, औरंगाबाद)

प्रमुख व्याखाते:

१. डॉ. दराडे देवराज

(समाजशास्त्र विभागप्रमुख, वसंतराव नाईक महाविद्यालय, औरंगाबाद)

२. डॉ. अफ्रोज बेगम

(पदवुत्तर समाजशास्त्र विभाग, मौलाना आझाद महाविद्यालय, औरंगाबाद)

कार्यक्रमाची रूपरेषा:

१. स्वागत आणि सत्कार :
२. प्रास्ताविक:
३. सत्कार: i. प्रिया वाघुले ii. रविना धोबेकर (बारावीत समाजशास्त्र विषयात पहीली)
४. प्रिया वाघुलेचे मनोगत-
५. व्याखात्यांचे मार्गदर्शन: i. डॉ. दराडे देवराज ii. डॉ. अफ्रोज बेगम
६. अध्यक्ष समारोप:
७. आभारप्रदर्शन

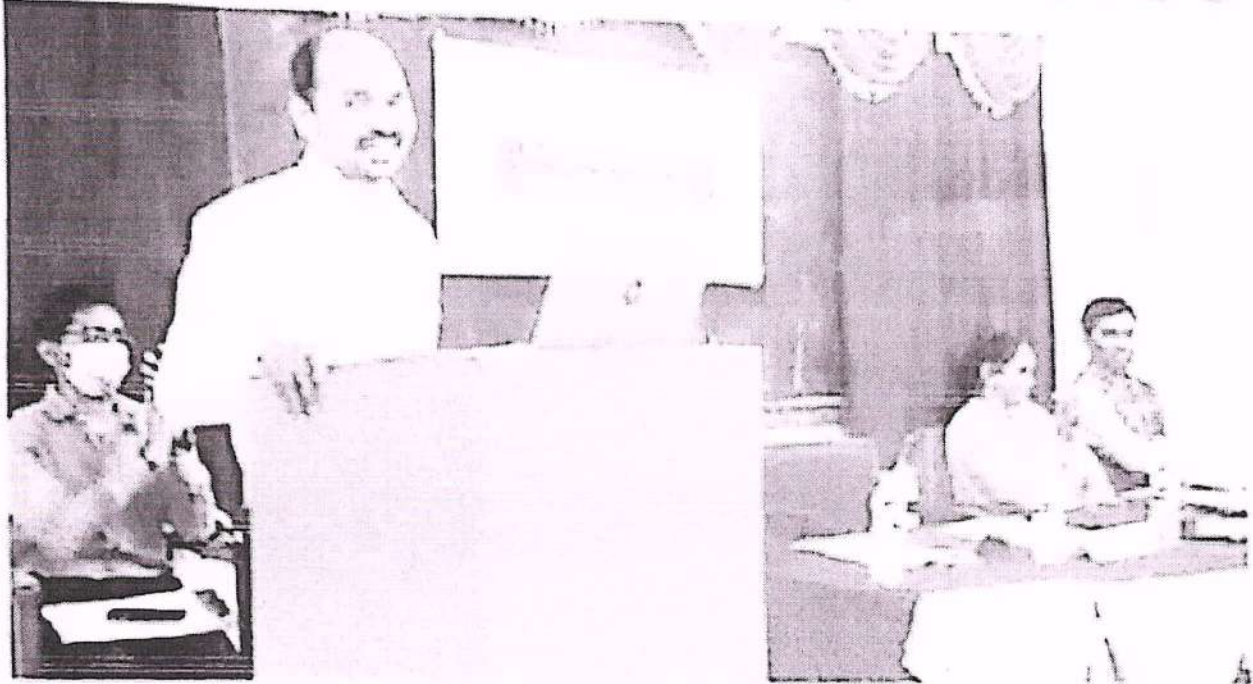




PRINCIPAL
Govt. College of Arts & Science
Aurangabad

समाजशास्त्र विभाग

एक नजर



औरंगाबाद में हाल ही में शासकीय ज्ञान विज्ञान महाविद्यालय में व्याख्यान में मार्गदर्शन करते डॉ देवराज दराडे. साथ हैं डॉ अफरोज बेगम, डॉ सुरेंद्र ठाकुर.

महाविद्यालय में व्याख्यान संपन्न

औरंगाबाद. किलेअर्क स्थित शासकीय ज्ञान विज्ञान महाविद्यालय के समाज शास्त्र विभाग की ओर से हाल ही में अंतर महाविद्यालयीन विशेष व्याख्यान आयोजित किया गया. इसमें अंतिम वर्ष के विद्यार्थियों के लिए प्रकल्प लेखन विषय पर विस्तृत मार्गदर्शन किया गया. कार्यक्रम में प्रमुख अतिथि डॉ देवराज दराडे, डॉ अफरोज बेगम ने मार्गदर्शन किया. अध्यक्षता डॉ भगवान कांबले ने की. कार्यक्रम का आयोजन विभाग प्रमुख डॉ सुरेंद्र ठाकुर ने किया. छात्रा प्रिया वाघुले ने प्रकल्प लेखन के अनुभव बताए. कार्यक्रम में मेधावी छात्रा रवीना ढोबेकर का सम्मान किया गया. प्रस्तावना डॉ सुरेंद्र ठाकुर ने की. संचालन तन्मय भावसार ने किया. आभार बंडू पाटेकर ने व्यक्त किए.



शासकीय ज्ञान विज्ञान महाविद्यालय औरंगाबाद

उपक्रम अहवाल

Preparation – Project Writing for TYBA

दिनांक १७ डिसेंबर २०२१

- उद्दिष्टे: i) प्रकल्प लेखन कामे करावे या संबंधी मार्गदर्शन.
ii) प्रकल्प लेखनामध्ये कोणते घटक असावेत.
iii. मंडोधान पध्दतीशाख कामे सिद्धाचेंत.

शासकीय ज्ञान विज्ञान महाविद्यालय औरंगाबाद येथील समाजशास्त्र विभागाच्या वर्तमान बी.ए. तृतीय वर्षाच्या विद्यार्थ्यांसाठी प्रकल्प लेखन (Project Writing) या विषयावर विशेष अनिधी व्याख्यानेचे आयोजन दिनांक १३ डिसेंबर २०२१ रोजी करण्यात आले. या कार्यक्रमाला प्रमुख व्याख्याते म्हणून वसंतराव नाईक महाविद्यालय औरंगाबाद येथील समाजशास्त्र विभागप्रमुख डॉ. देवराज दराडे तसेच मौलाना आझाद महाविद्यालय औरंगाबाद येथील पदव्युत्तर समाजशास्त्र विभागाच्या डॉ. अफरोज बेगम म्हणून लाभले. या कार्यक्रमाला अध्यक्ष म्हणून महाविद्यालयाचे हिंदी विभागप्रमुख डॉ. भगवान कांबळे हे लाभले होते.

या कार्यक्रमाचे प्राम्नाविक समाजशास्त्र विभागप्रमुख डॉ. सुरेन्द्र ठाकूर यांनी केले. या कार्यक्रमाप्रसंगी प्रिया वावुने या विद्यार्थिनीने प्रकल्प लेखनावर आपले अनुभव मनोगताद्वारे व्यक्त केले. तसेच बागवी समाजशास्त्र विषयात प्रथम आल्याबद्दल रविना धोबेकर हिना सत्कार मान्यवरांच्या हस्ते करण्यात आला. या कार्यक्रमाचे प्राम्नाविक प्रा. तन्मय भावसार यांनी केले. तर प्रा. बंडू पाटेकर यांनी आभार व्यक्त केले. या कार्यक्रमाला प्रमुख अनिधीनी विद्यार्थ्यांना मोलाचे मार्गदर्शन केले. तसेच या कार्यक्रमाला महाविद्यालयाचे प्राचार्य डॉ. राजेंद्र मातपुते यांचे मार्गदर्शन व सहकार्य लाभले. या कार्यक्रमाला बी.ए. तृतीय वर्षाच्या विद्यार्थ्यांची विशेष उपस्थिती होती.

उपस्थित विद्यार्थी संख्या	मूनी	मुने	एकूण
	११	०९	२०



(Signature)

PRINCIPAL
Govt. College of Arts & Science
Aurangabad

(Signature)
Head, Dept. of Sociology
(Dr. Surendra Thakur)

HOD
Department of Sociology
Government College of Arts & Science,
Aurangabad - 431 004